

If you are experiencing;

- » Depression or sadness
- » Stress or anxiety
- » Relationship problems
- » Issues with self-esteem
- » Issues with anger regulation
- » Grief, loss and change

The Cockburn Support Service may be able to help.

Our service aims to support individuals and families who are experiencing difficulties.



Cockburn Support Service

Supporting Individuals
and Families



We are located at:

Cockburn Health and Community
Suite 14, 11 Wentworth Parade
Success, WA 6164
T: (08) 9411 3859

Coolbellup Hub
90 Cordelia Avenue
Coolbellup, WA 6163
T: (08) 9411 3851

Please contact us for an appointment.



This information is available in
alternative formats upon request



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cockburn.wa.gov.au/support



Welcome to the Cockburn Support Service

Cockburn Support Service provides free counselling, information and support in a confidential and caring environment to residents of the City of Cockburn.



The services we offer include;

Short-term counselling

If you are experiencing personal difficulties or conflict you may like to speak with one of our staff.

Information and referrals

Cockburn Support Service staff can provide you with information and referrals to help you connect with services and resources in the community including;

- » Long-term counselling
- » Disability support
- » Children's services
- » Domestic violence
- » Housing and employment
- » Education and training
- » Health and legal issues

Advocacy

Our staff will work alongside you to assist you through the systems that significantly impact your life such as education, health care, disability services and housing.

Groups and workshops

Group activities and workshops include support groups, parent and child groups and a variety of workshops on parenting, mindfulness, self-esteem and anxiety.