Nature Play WA and SunSmart photo competition for kids 8 years and under.

Choose one of the missions below, get outside (either at home, at school with your teacher, or with your educator at child care or kindy), take a photo doing the mission while being SunSmart and send it in to WIN some great prizes!

**Choose a mission!**

- **Spectacular sunsets!** It's getting dark! That’s it, time to get inside, right? No way! It's time to watch the sunset over the water. Can you take a photo the moment when the sun disappears? The UV will be under 3, so no need for a hat!
  - **Advanced manoeuvre:** On the coast of Western Australia, the sun sets over the ocean. In the East, the sun rises over the beach and sets in the mountains. Why does that happen? Do some research and find out!

- **Special sundials.** Do you want to learn to tell the time from the sun? Why not make your own clock? Attach a pen, chopstick, marker or piece of dowel to the top of an upturned empty flower pot or paper plate. Go outside (make sure you’re wearing a hat, sunscreen and SunSmart clothing!) to a sunny location on paving, driveway, or footpath and place the flower pot upside down on the concrete with the pen or marker (or dowel rod) poking out the top. Trace the pot with a piece of chalk. Mark the pen’s shadow from the sun on the concrete. Check it every hour and mark the shadow. How is the shadow moving? Leave it in place and use it the next day to tell the time!

- **In the tree tops.** Ask mum or dad to help you find the perfect shady climbing tree and get yourself into the branches. If you have binoculars pop them into your pocket so you can look at the new sights from your perch. Safety - always remember to use three points of contact with the tree (either 2 hands and 1 foot, or 2 feet and 1 hand!)
  - **Advanced manoeuvre:** Ask mum or dad if they’ll help you make a rope ladder with knots or rungs. Then ask them to tie the end to a branch and use the rope to climb your way up!

- **Shady cubby.** Create an outdoor cubby in a shady spot to have adventures in. Ask mum, dad or your teacher if you can have some boxes, blankets, twigs, some furniture etc to create your own outdoor hideaway. Get creative. It could just be a tarp and pegs from the clothes line or a sheet or blanket over a table!

- **Outdoor picnic.** Have an outdoor shady teddy bears picnic with healthy snacks. Dress up your soft toys to protect them from the sun! Make mud pies, grass tea and flower cupcakes to pretend to feast on. Ask mum or dad if you can have your lunch out there too!

- **Chalk shadow.** Ask mum, dad or a friend to help you use chalk to draw around your shadow early in the morning. Come back to it later in the day and see how it has changed. What do you notice? Don’t forget to be SunSmart!

**Prizes**

- **Grand Prize:** The best photo wins a Nature Play WA/SunSmart pack, containing sunscreen, hats, a copy of ‘Last Child in the Woods’ by Richard Louv, a Peppa Pig UV and weather chart, and much more!* The best photo for each mission will receive a water bottle, sunscreen and hat*
  - *If you win and are from a school or child care centre, don’t worry! We’ll make sure there are enough prizes for your group.

**Enter**

Entries close 5pm Friday 24 March 2017

To enter, take of photo having a go at a mission. Why not enter a photo for more than one mission? Photos can be of one child, a few, or a big group!

Then either
- email to sunsmart@cancerwa.asn.au (don’t forget your contact details including which mission you’re doing),
- or post to SunSmart, Cancer Council WA, Level 1, 420 Bagot Road Subiaco WA 6008

Please have parent consent for the image to be used by Nature Play WA and Cancer Council WA.