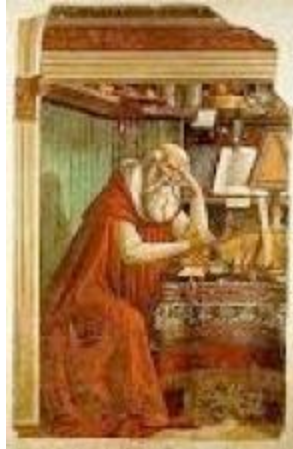


St Jerome's Prayer Book



ST JEROME'S
PRIMARY SCHOOL



PRAYER TO ST JEROME

St Jerome,
The patron of our community,
We ask you to pray for us to the Lord our God,
To give us knowledge, Wisdom and courage
On our journey
So that we are kept always in His care
And we reach safely our home in heaven.
We make this prayer through Christ our Lord.
Amen

Prayers To Be Taught Across The Year Levels

Year level	Prayers
Three Year Old & Four Year Old Kindy	<ul style="list-style-type: none"> ● God questions ● God talk ● Godly play ● Simple prayers of thanks ● Sign of the Cross
Pre Primary	<ul style="list-style-type: none"> ● People talk to God through prayer ● Simple prayers of thanks ● Followers of Jesus celebrate Mary, who is special in a prayer called the Hail Mary
Year One	<ul style="list-style-type: none"> ● Praying alone ● Praying with others ● Thanking God for creation
·Year Two	<ul style="list-style-type: none"> ● The Lord's prayer (The Our Father) ● The Hail Mary ● Morning Prayer ● Blessing before and after meals ● Praying to God the Father ● Praying to Jesus ● Praying with our bodies (genuflecting, joining hands, kneeling, standing, dance and gestures).
Year Three	<ul style="list-style-type: none"> ● The Lord's Prayer (Our Father) (explained) ● Hail Mary (explained) ● When prayers seem unanswered ● The Angelus ● Praying in our own words ● Prayer of Sorrow

	<ul style="list-style-type: none"> • Praying for the good of others • Choosing times and places for prayer • Recall prayers taught in Year Two
Year Four	<ul style="list-style-type: none"> • Invocations to Mary, especially Mary Help of Christians • Invocations to the Saints • Rosary (<i>Hail Mary, Lord's Prayer, Glory Be to the Father</i>) • Advent Prayer (using an Advent Calendar) • Recall prayers taught in Years Two and Three
Year Five	<ul style="list-style-type: none"> • Four basic prayer intentions: Praise Thanks Petition Sorrow. • Responding through prayer to God's call through creation • Stations of the Cross • Apostles Creed
Year Six	<ul style="list-style-type: none"> • Why Catholics Pray to Mary? • Praying through Song and Music • Praying through The Arts • Praying through Movement • Recall prayers taught in Years Two to Five

KINDERGARTEN

Units of Work

Prayer Across the Units

(*Formal* prayer to be introduced is in **bold print**)

- God questions
- God talk
- Godly play
- Simple prayers of thanks
- **Sign of the Cross**

- **Godly Play**

Godly Play is an experience of adults and children dwelling together in the mystery of God. It is profoundly biblical and sacramental and at the same time is deeply respectful of the nature of young children who are able to make their way to God in freedom and joy.

Godly Play aims to make religion come alive for children, to assist their spiritual development, to help Christianity become part of daily life and to make the language of religion familiar.

It is based on the assumption that children are individuals with different needs. Play is an important way of learning for all children.

Godly Play involves:

- telling the religious stories using three-dimensional materials to invite listeners into the stories and to connect the stories to their personal experience
- moving to wider dimensions of faith with the use of open questions and a time of responding to the story with a creative activity
- allowing children to decide for themselves on a way of responding to the story, which may be learning to re-tell the story by using games, books, maps or puzzles or by responding to the story by doing some artwork (Children have a variety of learning styles, if the leader chooses one activity for everyone, the style of that activity will not suit all the children equally. If they choose for themselves from a range of options, they are likely to choose a learning activity that suits their learning style.)

- organising the group's time and space so that it models the Christian community we seek to be. The room can then become a peaceful place in which the mystery of God can be experienced relating to worship of the church by learning religious language and modeling each session on the Eucharist, with a Preparation (meeting and greeting), Ministry of the Word (listening to and responding to a bible story), Communion (sharing food and drink) and a Blessing and Dismissal (saying goodbye).



- **Simple Prayers of Thanks**

At this level the children should be encouraged, with the teacher as a prayer leader, to pray spontaneously about incidents and things which are real to them.

eg. thanking god for their new baby or puppy.

Dear Jesus,
Thank you for our morning tea.
Amen.

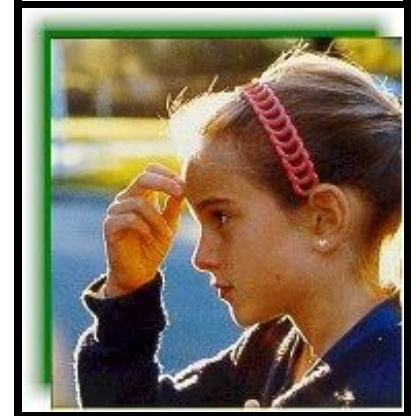
Examples of Prayers of Thanks

Heavenly Father, kind and good,
Thanks we offer for this food;
For your love and tender care,
For all the blessings that we share. Amen.

Dear God,
We thank you for our food,
for life and joy and play,
We thank you for the special things
you give to us this day. Amen

Dear God
Thank you for the world so sweet.
Thank you for the things we eat.
Thank you for the birds that sing.
Thank you, God, for everything
Amen

- Simple songs
- **Sign of the Cross**



In the name of the Father and of the Son and the Holy Spirit.
Amen.

**(With left hand on chest , the right hand touches the forehead, then the chest,
left shoulder, right shoulder and then joins the left hand together in front of the
chest)**

PRE PRIMARY

In addition to the prayers set down in earlier years, the following list of
formal prayers should be learnt at this level.

Units of Work

Prayer Across the Units

*(Formal prayer to be introduced is in **bold print**)*

- People talk to God through prayer
- Simple prayers of thanks
- Followers of Jesus celebrate Mary, who is special, in a prayer
called the **Hail Mary**

Examples of Prayers of Thanks

Heavenly Father, kind and good,
Thanks we offer for this food;
For your love and tender care,
For all the blessings that we share. Amen.

Dear God,
We thank you for our food,
for life and joy and play,
We thank you for the special things
you give to us this day. Amen

Dear God
Thank you for the world so sweet.
Thank you for the things we eat.
Thank you for the birds that sing.
Thank you, God, for everything. Amen

- **Hail Mary**

Hail Mary, full of grace,
the Lord is with you.
Blessed art thou among women
and blessed is the fruit of thy womb, Jesus.
Holy Mary,
Mother of God,
pray for us sinners
now and at the hour of our death.
Amen



YEAR ONE

In addition to the prayers set down in earlier years, the following list of formal prayers should be learnt at this level.

Units of Work

Prayer Across the Units

(*Formal* prayer to be introduced is in **bold print**)

- Praying alone
- Praying with others
- Thanking God for creation
- The Sign of the Cross
- **Glory Be to the Father (Gloria Patri)**

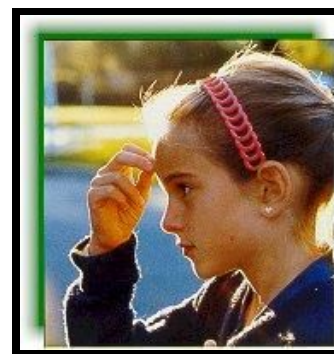
Example of prayer to thank God for creation

Dear God
Thank you for the world so sweet.
Thank you for the things we eat.
Thank you for the birds that sing.
Thank you, God, for everything. Amen

- The Sign of the Cross

In the name of the Father,
And of the Son,
And of the Holy Spirit.
Amen

(With left hand on chest, the right hand touches the forehead, chest, left shoulder, right shoulder and then joins the left hand together in front of the chest)



- **Glory Be to the Father (Gloria Patri)**

Glory be to the Father
and to the Son and to the Holy Spirit.
As it was in the beginning
is now and ever shall be
world without end. Amen

YEAR TWO

In addition to the prayers set down in earlier years, the following list of formal prayers should be learnt at this level.

Units of Work

Prayer Across the Units

(*Formal* prayer to be introduced is in **bold print**)

- **The Lord's prayer (The Our Father)**
- The Hail Mary
- **Morning Prayer**
- **Blessing before and after meals**
- Praying to God the Father
- Praying to Jesus
- Praying with our bodies
(genuflecting, joining hands, kneeling, standing, dance and gestures)

- **The Lord's Prayer (Our Father)**

Our Father, who art in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as it is in heaven.

Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.

And lead us not into temptation,
but deliver us from evil.

For yours is the kingdom,
and the power, and the glory,
for ever and ever. Amen

- **Hail Mary**



Hail Mary, full of grace,
the Lord is with you.

Blessed art thou among women
and blessed is the fruit of thy womb, Jesus.

Holy Mary Mother of God,
pray for us sinners
now and at the hour of our death.

Amen

- **Morning Prayer**

Jesus, as I awake and see the light,
I thank you for my sleep last night.
To You I lift my hands and pray,
that I might help someone today.
May I try to be like you
In all I say and all I do.
So I can be a child like you
And live each day as you would want me to.
Amen

- **Blessing Before and After Meals**

Grace Before Meals

Thank you, Father, for the food we eat.
Thank you for the friends we meet.
Thank you for our Mums and Dads.
Thank you for the love we have.
Thank you for our work and play.
Thank you for another day.
In Jesus' name.

Amen



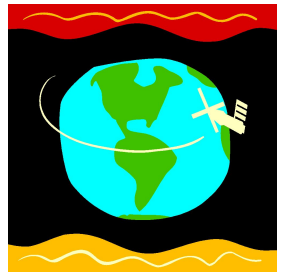
Dear God,
We thank you for our food,
for life and joy and play,
We thank you for the special things
you give to us this day.

Amen

Thank you for the world so sweet.
Thank you for the things we eat.
Thank you for the birds that sing.
Thank you, God, for everything.

Amen

Bless us O Lord and these thy gifts,
which we are about to receive,
through Christ our Lord .
Amen



Prayer after meals

We give you thanks for the gift of this meal and all your gifts, Lord.
Amen.

YEAR THREE

In addition to the prayers set down in earlier years, the following list of formal prayers should be learnt at this level.

Units of Work

Prayer Across the Units

(*Formal* prayer to be introduced is in **bold print**)

- The Lord's Prayer (Our Father) (explained)
- Hail Mary (explained)
- When prayers seem unanswered
- **The Angelus**
- Praying in our own words
- **Prayer of Sorrow**
- Praying for the good of others
- Choosing times and places for prayer
- Recall prayers taught in Year Two

- **The Lord's Prayer (explained)**

This is the prayer that Jesus taught us to pray. When Jesus was asked how to pray to the Father, Jesus answered (Matthew 6:9-13, Luke 11:2-4), Pray like this:

Our Father, who art in heaven,

This is saying who our prayer is going to. God tells us He is Our Father and we are His children

hallowed by thy Name,

Hallowed is a big word that means "Holy". By saying, "hallowed be thy Name", we are saying that God's name is holy.

thy kingdom come,

We are asking that God allow us to share in His Home for our eternal lives

thy will be done, on earth as it is in heaven.

What God wants us to do is what we should do. He is perfect and what He wants is perfect. By saying this, we are asking to do God's will (what He wants us to do) so that earth will be as perfect as heaven.

Give us this day our daily bread.

This means that we trust God to give us what we need.

And forgive us our trespasses, as we forgive those who trespass against us.

Trespass means to do a bad thing. When we trespass against God, its called sinning. We don't want to hurt God by sinning. By asking God to forgive us our trespasses, we are asking that He forgive our sins and we also promise to forgive people that have hurt us.

And lead us not into temptation, but deliver us from evil.

Pretend there are two roads. One is hate and anger. The other is love and peace and joy. Which would you take? Of course, the one with love and peace and joy. When we are tempted to do the wrong thing, it leads to anger and hate. That is evil. When we do the right thing, and stay with God, that is love and peace and joy. When we pray, "And lead us not into temptation, but deliver us from evil," we are asking God to keep us on the right road. The road to Him.

Amen

This means that you are certain that God hears your prayers and will answer them and all that has been said is true.

- **Hail Mary (explained)**

Hail Mary,

These are the words spoken by the Angel Gabriel when he came to tell her that God had chosen her to be the mother of his son.

Full of Grace,

Mary is full of grace, meaning that she is a sinless woman, dearly loved by God and always striving to do God's will.

The Lord is with you

Mary has been chosen by God for this great privilege of carrying his child. He is with her, having already preserved her from sin and filled her with grace, the spiritual strength to do his will. This does not mean that Mary is deprived of her freedom. She and freely offers him her undivided heart.

Blessed are you among women,

This was the greeting given Mary by her cousin Elizabeth when Mary came to visit and help Elizabeth with the birth of her forthcoming child. Elizabeth is the first of many people down the years who have called Mary blessed.

And blessed is the fruit of thy womb, Jesus

This means the baby Mary carried is special also, because he is the Saviour of the

world.

Holy Mary, Mother of God

This is saying that Mary is Holy because she was chosen by God from the beginning of time to be the mother of God's son, Jesus.

Pray for us sinners, now and at the hour of our death

We are asking her to say a little prayer for us because we are sinners. Sinners need to say they are sorry to God for breaking His Laws, (ten commandments) she will help us now and when our time here on earth is over.

Amen

Amen means I believe all that I just said is true.

- **The Angelus**

The Angel of the Lord declared unto Mary,

R: And she conceived of the Holy Spirit.

Hail Mary ...

Behold the handmaid of the Lord:

R: Be it done unto me according to your word.

the Hail Mary ...

And the word was made flesh,

R: And dwelt among us.

Hail Mary ...

Pray for us, O holy Mother of God,

R: That we may be made worthy of the promises of Christ.

Let us pray:

Pour forth we beseech you, O Lord,

your grace into our hearts,

that we, to whom the incarnation of Christ your Son

was made known by the message of an Angel,

may, by his passion and Cross,

be brought to the glory of his Resurrection,

through the same Christ our Lord.

Amen.

- **The Prayer of Sorrow**

O my God, because You are so good,

I am very sorry that I have sinned against you

And by the help of your Grace

I will not sin again.

Amen

YEAR FOUR

In addition to the prayers set down in earlier years, the following list of formal prayers should be learnt at this level.

Units of Work

Prayer Across the Units

(*Formal* prayer to be introduced is in **bold print**)

- Invocations to Mary, especially Mary Help of Christians
- Invocations to the Saints
- **Rosary** (*Hail Mary, Lord's Prayer, Glory Be to the Father*)
- Advent Prayer (using an Advent Calendar)
- Recall prayers taught in Years Two and Three

Invocations - Prayers asking for help.

● The Rosary

How To Pray The Rosary

Look at a Rosary. It is made up of tiny beads that go around a circle. The beads in the circle are divided into five groups, for each of the five mysteries. Each group has ten beads that tell you to say the prayer The Hail Mary ten times. Each group begins with one bead that tells you to say the prayer The Our Father once.

The Rosary has a Cross on it to remind you of Jesus who loved you so much that he died on the Cross for you. The rosary tells the story of Jesus in four parts. The **Joyful Mysteries** are about Jesus' birth and early life. The **Luminous Mysteries** tell us about Jesus' ministry among the people. The **Sorrowful Mysteries** recall the suffering and death of Jesus. The **Glorious Mysteries** lead us to his resurrection and the glorious life that awaits us in heaven.

As you begin the Rosary, you can say the **Apostles' Creed**, which is a prayer that sums up the Joyful, Sorrowful and Glorious mysteries all together.

Pray the Joyful Mysteries

"The Joyful Mysteries remind us to be glad."

1. **The Annunciation**: the angel Gabriel says to Mary that she is going to be the mother of Jesus.
2. **The Visitation**: Mary visits her cousin Elizabeth to tell her how happy she is that she is going to have a baby
3. **The Birth of Jesus**



4. [The Presentation](#) of the Child Jesus in the Temple
5. [The Finding of the Child](#) Jesus in the Temple

For each Mystery we pray the following prayers:

- Our Father
- 10 Hail Marys
- Glory Be To The Father
- Then we introduce the next mystery.

Pray the Luminous Mysteries

"The Luminous Mysteries remind us to follow Jesus, the light of the world."

1. [Baptism of Jesus in the Jordan River](#)
2. [Miracle at Cana's Wedding Feast](#)
3. [Jesus preaches the Good News](#)
4. [The Transfiguration](#)
5. [Institution of the Eucharist](#)



Pray the Sorrowful Mysteries

"These stories of Jesus tell us not to give up -- even when things are very bad. God will help us through; God will make us strong enough to go on."

1. [The Agony of Jesus in the Garden](#)
2. [The Scourging at the Pillar](#)
3. [The Crowning with Thorns](#)
4. [The Carrying of the Cross](#)
5. [The Crucifixion](#)



Pray the Glorious Mysteries

"God gives us a new life that never ends."

1. [The Resurrection of Jesus from the Dead](#)
2. [The Ascension of Jesus into Heaven](#)
3. [The Descent of the Holy Spirit](#)
4. [The Assumption of Mary into Heaven](#)
5. [The Crowning of Mary, Queen of Heaven and Earth](#)



YEAR FIVE

In addition to the prayers set down in earlier years, the following list of formal prayers should be learnt at this level.

Units of Work

Prayer Across the Units

(*Formal* prayer to be introduced is in **bold print**)

- Four basic prayer intentions:
 - Praise
 - Thanks
 - Petition
 - Sorrow.
- Responding through prayer to God's call through creation
- Stations of the Cross (*Scriptural and Traditional*)
- Apostles Creed
- Hail Holy Queen
- The Fatima Prayer
- Parts of the Mass
- Recall prayers taught in Years Two to Four

APOSTLES' CREED

I believe in God, the Father almighty,
Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord,

At the words that follow, up to and including the Virgin Mary, all bow.
who was conceived by the Holy Spirit, born of the Virgin Mary,

suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven,
and is seated at the right hand of God the Father almighty;
from there he will come to judge the living and the dead.
I believe in the Holy Spirit, the holy catholic Church,
the communion of saints, the forgiveness of sins,

the resurrection of the body,
and life everlasting. Amen.

HAIL HOLY QUEEN

Hail, holy Queen, Mother of Mercy,
hail, our life, our sweetness, and our hope.
To you we cry, the children of Eve;
to you do we send up our signs,
mourning and weeping in this land of exile.
Turn, then, most gracious advocate,
your eyes of mercy towards us;
lead us home at last
and show us the blessed fruit of your womb,
Jesus; O clement, O loving,
O sweet Virgin Mary.
Pray for us O holy mother of God,
That we may be made worthy of the promises of Christ.

THE FATIMA PRAYER

O my Jesus forgive us our sins,
save us from the fires of hell,
and bring all souls to heaven
especially those who most need your mercy.
Amen.

PARTS OF THE MASS

CONFITEOR

I confess to almighty God,
and to you, my brothers and sisters,
that I have greatly sinned,
in my thoughts and in my words,
in what I have done and in what I have failed to do,
And, striking their breast, they say:
through my fault, through my fault,
through my most grievous fault;

therefore I ask blessed Mary ever-Virgin,
all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.
May almighty God have mercy on us,
forgive us our sins,
and bring us to everlasting life. **Amen.**

GLORIA:

[This ancient hymn of praise is used on all Sundays outside of Advent and Lent, on solemnities and major feasts, and in solemn local celebrations. It is preferably sung by the whole congregation, but may also be sung by the choir or recited by all. The priest may begin with a brief sung or spoken invitation for the people to praise God.]

Glory to God in the highest,
and on earth peace to people of goodwill.
We praise you, we bless you, we adore you,
we glorify you, we give you thanks for your great glory.
Lord God, heavenly King, O God, almighty Father.
Lord Jesus Christ,
Only Begotten Son, Lord God, Lamb of God,
Son of the Father,
you take away the sins of the world,
have mercy on us;
you take away the sins of the world,
receive our prayer;
you are seated at the right hand of the Father,
have mercy on us.
For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father. Amen.

LITURGY OF THE WORD:

At the end of the Readings:

The Word of the Lord **Thanks be to God**

GOSPEL:

Before the Gospel Proclamation:

(Priest): The Lord be with you. **All: And with your spirit.**

(Priest): A reading from the Holy Gospel according to... [*Matthew, Mark, Luke, or John*]

All: Glory to you, O Lord!

After the Gospel Proclamation:

(Priest): The Gospel of the Lord.

All: Praise to you, Lord Jesus Christ!

GOSPEL:

Before the Gospel Proclamation:

(Priest): The Lord be with you. **All: And with your spirit.**

(Priest): A reading from the Holy Gospel according to... [*Matthew, Mark, Luke, or John*]

All: Glory to you, O Lord!

After the Gospel Proclamation:

(Priest): The Gospel of the Lord.

All: Praise to you, Lord Jesus Christ!

-

Invitation to Prayer:

Pray, brethren (brothers and sisters), that my sacrifice and yours may be acceptable to God, the almighty Father.

The people rise and reply:

May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.

EUCCHARISTIC PRAYER - Preface Dialogue:

Priest: The Lord be with you. *All:* And with your spirit.

Priest: Lift up your hearts. *All:* We lift them up to the Lord.

Priest: Let us give thanks to the Lord, our God. *All:* It is right and just.

HOLY, HOLY (Sanctus):

Holy, Holy, Holy Lord God of hosts. Heaven and earth are full of your glory.

Hosanna in the highest. Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

LAMB OF GOD

Lamb of God, you take away the sin of the world:
have mercy on us.

Lamb of God, you take away the sin of the world:
have mercy on us.

Lamb of God, you take away the sin of the world:
grant us peace.

BEFORE COMMUNION:

Behold the Lamb of God, behold him who takes away the sins of the world.

Blessed are those called to the supper of the Lamb.

Lord, I am not worthy that you should enter under my roof,
but only say the word and my soul shall be healed.

CONCLUDING RITE:

The Lord be with you.

Go in peace glorifying the Lord by your life.

And with your spirit.

Thanks be to God.

STATIONS OF THE CROSS

<http://www.ainglkiss.com/stations4kids/>

Jesus died in Jerusalem.

Jesus walked from the courtyard to Calvary Hill carrying His cross.

Calvary is where He was crucified.

The path he used is called Via Dolorosa, "the way of pain."

Since His death, people began to make visits to Jerusalem and walk in Jesus' footsteps.

The people would walk on that same path, Via Dolorosa that Jesus used.

They would stop along the way and would remember what happened to Jesus at the exact spot where they are standing.

Remember, Jesus was carrying His cross and the different things that happened to Him along the Via Dolorosa are called stations.

That's how we got the name **Stations of the Cross**

Station 1 -Jesus is brought before Pilate and condemned to death



Leader: We adore you O Christ and praise thee.

Response: Because by your holy Cross you have redeemed the world. (genuflect)

Meditation

Leader:

Jesus stood before Pontious Pilate.

Jesus was alone.

Jesus had done only good things in life.

Jesus had to be put to death.

The procession was ready.

The gates were opened.

The soldiers lead the way.

Jesus followed.

Prayer

Dear Jesus, you stood all alone before Pilate. Nobody speaks up for you. Nobody defends you. Sometimes I feel alone. Sometimes I feel afraid. Sometimes I feel like I am treated unfairly. Help me to accept unfairness and not complain. Help me pray for those who have hurt me.

Mary, help me to see Jesus in all things.

Almighty Father, many times people don't seem to understand me. Sometimes they are unfair. You accept me when I make mistakes. Help me to accept others when they make mistakes. Help me to forgive as Jesus did. This I ask through Christ, our Lord. Amen.

Station 2- Jesus is given his Cross to carry to Calvary



Leader: We adore you O Christ and praise thee.

Response: Because by your holy Cross you have redeemed the world. (genuflect as you say this)

Meditation

The people wanted to crucify Jesus.

Pontious Pilate did not want to crucify Him.

He tried everything he could think of to change the crowd's mind but nothing worked.

He washed his hands in front of the crowd saying, "This is a righteous man."

He gave Jesus to the soldiers to be crucified.

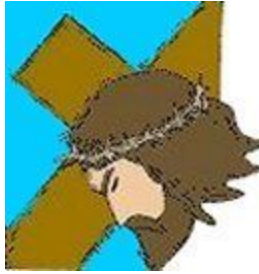
Prayer

Dear Jesus, you carried your cross. You knew it wouldn't be easy, but you carried it just the same. Sometimes I get upset with the troubles that I have. Sometimes I get upset when people ask me to do things for them. I don't want to carry my cross. Give me the courage to carry my cross as You did.

Mary, help me to see Jesus in all things.

Almighty Father, Jesus carried His cross without complaint. When I am tempted to complain, help me to remember Jesus and the cross He carried for me. This I ask through Christ Our Lord. Amen

Station 3 - Jesus fall the first time



Leader: We adore you O Christ and praise thee.

Response: Because by your holy Cross you have redeemed the world. (genuflect)

Meditation

The procession moves out of the city gate.

Jesus was unsteady on his feet.

The soldiers were pushing Him.

Jesus is tired. He can hardly carry the cross. He fell.

The soldiers yanked him up.

The procession is moving again.

Prayer

Dear Jesus, Sometimes I don't pay attention to what I should be doing. When things get hard for me, sometimes I give up. Your cross was so heavy. It was hard for you. You never gave up. You fell, but you got up and moved on. Help me to get up when I fall and keep moving.

Mary, help me to see Jesus in all things.

Almighty Father, I know there are many times when I give up before I should. When I fall, help me get up again and keep going. This I ask through Christ Our Lord. Amen

Station 4 -Jesus Meets His Mother



Leader: We adore you O Christ and praise thee.

Response: Because by your holy Cross you have redeemed the world. (genuflect)

Meditation

Mary sees the procession moving through the streets. She sees. She hurries to Him There he was in front of her. The cross was so heavy, he was trembling. His body was bleeding. His mother tries to get closer to him. He tries to get closer to his mother but the soldiers pushed him away.

The procession moves on

Prayer

Dear Jesus,

Help me to see those around me who love me.

Help me to understand that I need them as much as they need me.

Mary, help me to see Jesus in all things.

Almighty Father, When I feel alone, help me to remember to turn to my parents for help and most of all, You. This I ask through Christ Our Lord. Amen

Station 5 - Jesus is helped by Simon of Cyrene to carry the Cross



Leader: We adore you O Christ and praise thee.

Response: Because by your holy Cross you have redeemed the world. (genuflect)

Meditation

The soldiers saw that Jesus was weak. They were afraid that he might not make it to the place where he was to be crucified

The soldiers see Simon of Cyrene.

A soldier pushes Simon toward Jesus telling him to carry the cross. Simon saw Jesus was bruised and bleeding and quickly picked up the cross. He carried it for Jesus. They moved on with Jesus following Simon.

Prayer

Dear Jesus, Sometimes I pretend not to hear when my parents call me. I leave when I know others could use my help. You gave help to everyone. When you needed help, you accepted it. Help me to give and accept help.

Mary, help me to see Jesus in all things.

Almighty Father, Help me to be a friend to friendless. Help me to help the needy. This I ask through Christ Our Lord. Amen

Station 6 - Veronica wipes the face of Jesus



Leader: We adore you O Christ and praise thee.

Response: Because by your holy Cross you have redeemed the world. (genuflect)

Meditation

Veronica steps towards Jesus with a wet cloth.
She wanted to comfort Jesus in any way she could.
She gently wiped his face.
The soldiers roughly pushed her back.
They continued along their way.

Prayer

Dear Jesus, There are times when I see someone that is being picked on. There are times when I see someone that is sad. Just as Veronica wiped Your face to comfort you, help me to always help others in whatever way I can.

Mary, help me to see Jesus in all things.

Almighty Father, Help me to see the needs of others. Remind me to be helpful, even if I am not asked. This I ask through Christ Our Lord. Amen

Station 7 - Jesus falls the second time



Leader: We adore you O Christ and praise thee.

Response: Because by your holy Cross you have redeemed the world. (genuflect)

Meditation

Jesus is getting more tired.

Jesus is getting weaker.

Jesus falls.

Jesus struggles to get up.

He tries until He makes it to his feet.

He moves on.

Prayer

Dear Jesus, You didn't give up. Sometimes when things get hard for me, it's hard to keep trying. I want to quit. When things get hard for me, help me to get up and keep going as you did.

Mary, help me to see Jesus in all things.

Almighty Father, Help me to keep trying when things get hard and when I fall. Help me to not give up. This I ask through Christ Our Lord. Amen

Station 8 - Jesus comforts the women of Jerusalem



Leader: We adore you O Christ and praise thee.

Response: Because by your holy Cross you have redeemed the world. (genuflect)

Meditation

Jesus could hear the crying of the women in the crowd.

He knew they were sad.

He stopped and talked to them.

Even at this terrible time, Jesus was not thinking of himself, he was thinking of all of us.

Prayer

Dear Jesus, You stopped to help those in need. I get selfish at times and think only of myself. Help me to reach out to others as you did. Help me to see the needs of others and put their needs above mine

Mary, help me to see Jesus in all things.

Almighty Father, help me to not be hurtful or selfish. Help me to see the needs others have even when I have problems of my own. This I ask through Christ Our Lord. Amen

Station 9 - Jesus falls a third time.



Leader: We adore you O Christ and praise thee.

Response: Because by your holy Cross you have redeemed the world. (genuflect)

Meditation

Jesus continues walking, tired, in pain, and pushed by the soldiers.

Jesus falls once more.

They laugh at him.

He gets up, steadies himself and walks the last few yards to - The Place of the Skull.

Prayer

Dear Jesus, help me to see that nothing is greater than You. Nothing is greater than Your love for me. Help me to see that with Your help, I can do it.

Mary, help me to see Jesus in all things.

Almighty Father, Thank you for sending Jesus to us. Help me to always follow Him. This I ask through Christ Our Lord. Amen

Station 10 - Jesus is stripped of his garments



Leader: We adore you O Christ and praise thee.

Response: Because by your holy Cross you have redeemed the world. (genuflect)

Meditation

Jesus arrives at the Place of Skull.

The soldiers remove his clothes, tossing them in a heap.

The soldiers didn't know what to do with his clothes.

They decided to throw dice for them.

Prayer

Dear Jesus, You set an example of truth, humility and love. Help me to set a good example for others to follow.

Mary, help me to see Jesus in all things.

Almighty Father, Help me to always be respectful and follow the examples of Jesus. This I ask through Christ Our Lord. Amen

Station 11 - Jesus is nailed to the Cross



Leader: We adore you O Christ and praise thee.

Response: Because by your holy Cross you have redeemed the world. (genuflect)

Meditation

The soldiers grab Jesus and lie him face up on the cross stretching his arms. They hold His wrist and hand to the wood. They drive the nail with a hammer. They do the same with the other arm. Raising His Knees so that His feet would lie flat, they hammer. It was done, Jesus was nailed to the cross.

Prayer

Dear Jesus, Sometimes I say or do hurtful things to others. You stretched Your arms of love on the cross. Help me to bring Your love to others and cause them no hurt.

Mary, help me to see Jesus in all things.

Almighty Father, Help me to follow your Son and make His Hands bleed no more through my fault. This I ask through Christ Our Lord. Amen

Station 12 - Jesus dies on the Cross



Leader: We adore you O Christ and praise thee.

Response: Because by your holy Cross you have redeemed the world. (genuflect)

Meditation

As Pilate had ordered, a soldier placed, above Jesus' head, a notice reading 'Jesus of Nazareth, King of the Jews' (John 19:20)

The cross was hoisted into place.

Mary and John, stayed at the foot of the cross and prayed.

Jesus looked down and said to his mother "Dear woman, here is your son"(John 19:26) and to John "Here is your mother" (John 19:27)

Even at this terrible time, he was taking care of his mother.

The sky was dark.

Jesus said "I am thirsty". (John 19:28) A soldier offered him wine mixed with vinegar.

The two thieves that were crucified beside Him, talked to Him.

Looking at one of them he said, "I tell you the truth, today you will be with me in paradise." (Luke 23:43).

Jesus said, "Eli, Ebi, lama sabachthani? - My God, my God, why have you forsaken me?" (Matthew 27:46)

Then he said "Father, into your hands I commend my spirit (Luke 23:46)

A few moments later He said, "It is finished"

He died.

At that instant, the earth shook, rocks split, the curtain in the temple ripped from top to bottom. The centurion guarding Jesus saw the earthquake and said "Surely he was the Son of God" (Matthew 27:54).

Jesus died at 3 p.m. on the Cross at Calvary.

Prayer

Dear Jesus, death is hard for us to understand. Remind us always that faith will carry us through our losses.

Mary, help me to see Jesus in all things.

Almighty Father, Help me to understand Jesus' death. Help me to understand the love Jesus has for me. This I ask through Christ Our Lord. Amen

Station 13- Jesus is taken down from the Cross



Leader: We adore you O Christ and praise thee.

Response: Because by your holy Cross you have redeemed the world. (genuflect)

Meditation

Sabbath was rapidly approaching and the crucified ones had to be taken down before the beginning of the Sabbath celebrations.

A soldier pierced the side of Jesus with his spear to be sure that he was dead.

The crowd hurried to their homes before the beginning of Sabbath or they'd be excluded from the celebration.

Mary stayed under the cross with her Son.

Two men came to the soldiers with orders from Pilate, Joseph of Arimathea, and Nicodemus. Joseph had offered his burial tomb for Jesus.

Jesus was gently removed from the cross.

Mary held Jesus.

She didn't want to give Him up but she had to.

She kissed Him and gave Him to the guards.

Prayer

Dear Jesus, how bad was your death but how gently you were removed from the cross. Help me to treat others kindly always.

Mary, help me to see Jesus in all things.

Almighty Father, Help me to be a kinder, gentler person. Help me to always see the good in others This I ask through Christ Our Lord. Amen

Station 14 -Jesus is laid in the tomb



Leader: We adore you O Christ and praise thee.

Response: Because by your holy Cross you have redeemed the world. (genuflect)

Meditation

People had returned to their homes for the Sabbath.

John, Joseph of Arimathea, Nicodemus, and Mary, went from Calvary to Jesus' burial tomb.

Joseph and John carried Jesus into the tomb.

They laid him on the rock bench in the burial chamber.

The men moved a big boulder in front of the entrance to block it.

Prayer

Dear Jesus, Help me to carry on Your work.

Mary, help me to see Jesus in all things.

Almighty Father, Thank you for sending Jesus. Help me to be like Jesus. Help me to share my life and love more fully. This I ask through Christ Our Lord. Amen

YEAR SIX

In addition to the prayers set down in earlier years, the following list of formal prayers should be learnt at this level.

Units of Work

Prayer Across the Units

(*Formal* prayer to be introduced is in **bold print**)

- Why Catholics Pray to Mary?
- Praying through Song and Music
- Praying through The Arts
- Praying through Movement
- Recall prayers taught in Years Two to Five

Why do Catholics pray to Mary?

Mary is the mother of Jesus and Jesus loved his mother dearly, as all good sons love their mothers. When he was alive, if Mary asked something of Jesus, he would do what she asked. When we pray to Mary today, we are asking her to intercede for us and to make our prayers known to Jesus.

Praying through Song and Music

Listening to hymns and songs that are praising God.
Writing songs or music that praise God.

Praying through The Arts

Using the different mediums of Art eg sculpture, painting, drama to praise God.

Praying through Movement

Using Drama and Liturgical movement to praise God.

Other Prayers that can be taught to students at any year level.

Prayer for our Country

Father, we celebrate our freedom today. We celebrate living in this country, where we are free to be the best we can. Thank you for all your blessings on this country, please teach us how to use our freedom to make all your people happy. Amen.

Morning Prayer:

Father in heaven You love me, You are with me night and day. I want to love You always in all I do and say. I try to please you, Father. Bless me through the day. Amen

End of Day Prayer:

God our Father, I come to say: "Thank You for your love today. Thank You for my family and all the friends you give to me. Guard me in the dark of night, and in the morning send Your light. Amen

Prayer before Meals

Bless us, O Lord, and these your gifts, which we're about to receive from your bounty. Through Christ our Lord, Amen.

Or

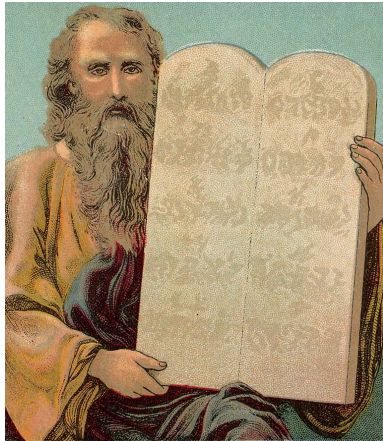
Bless us O Lord as we sit together.
Bless the food we eat today.
Bless the hands that made the food.
Bless us O Lord, Amen

Weekly Sunday Gospel Reflections for children with a story video.

<http://cathfamily.org/cathkids>

The Ten Commandments

1. I am the Lord your God, you shall not have strange gods before me.
2. you shall not misuse the name of the Lord, your God.
3. Observe the sabbath day and keep it holy.
4. Honour your father and mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbour.
9. you shall not covet your neighbour's wife.
10. You shall not covet your neighbour's goods.



Jesus' Two Great Commandments

Jesus summarised these 10 Commandments into TWO powerful commandments.

1. Love the Lord your God with all your heart, with all your soul and with all your mind.
2. You shall love your neighbour as yourself.

Celebrating the Sacrament of Reconciliation

1. The priest welcomes me.
2. We make the Sign of the Cross.
3. I say “forgive me Father for I have sinned”
4. I tell the priest how long it has been since my last Reconciliation.
5. I talk to the priest about my life. (I tell him my sins)
6. the priest gives me my penance.
7. I pray the Act of Sorrow.

**O my God,
because You are so good,
I am very sorry that i have sinned against You,
And by the help of Your grace
I will not sin again.**

8. God’s forgiveness, help and healing come to me through an important Sign when the priest says the words of forgiveness and places his hands above my head - when he gives me ABSOLUTION, I say AMEN.

9. the priest wishes me God’s peace. I can thank the priest and wish him peace by saying, “ And with your Spirit”.


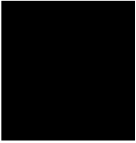

After I leave the Priest.

10.

- I pray and thank God for His forgiveness.
- I say the Penance prayers given to me by the priest. I may also have been asked by the priest to do something for my Penance. e.g. a kind act.
- I pray for my family and friends

LITURGICAL SEASONS, COLOURS & SIGNIFICANCE

<p>Violet/ Purple</p> <ul style="list-style-type: none"> · Season of Advent · Season of Septuagesima · Season of Lent · Rogation Days · Ember Days (except for Pentecost Ember Days) · Vigils except for Ascension and Pentecost · Good Friday · Sacrament of Reconciliation 	<p style="text-align: center;"><i>penance (repentance)</i> <i>humility</i> <i>preparing</i> <i>melancholy</i></p> <div style="text-align: center;"></div>
<p>White</p> <ul style="list-style-type: none"> · Season of Christmas · Season of Easter · Feasts of the Lord, other than of His Passion · Feasts of Mary, the angels, and saints who were not martyrs · All Saints (1 November) · Feasts of the Apostles · Sacrament of Baptism · Sacrament of Holy Communion 	<p style="text-align: center;"><i>Light</i> <i>innocence</i> <i>purity</i> <i>joy</i> <i>triumph</i> <i>glory</i></p>
<p>Green</p> <p style="padding-left: 40px;">Ordinary Time:</p> <ul style="list-style-type: none"> · Time After Epiphany · Time After Pentecost 	<p style="text-align: center;"><i>The Holy Ghost</i> <i>life eternal</i> <i>hope</i></p> <div style="text-align: center;"></div>
<p>Red</p>	

<ul style="list-style-type: none"> · Feasts of the Lord's passion, Blood, and Cross · Feasts of the martyrs · Palm Sunday · Pentecost · Sacrament of Confirmation 	<p style="text-align: center;"><i>the Passion blood fire God's Love martyrdom</i></p> 
<p>Black</p> <ul style="list-style-type: none"> · All Souls Day · Masses for the dead (Requiem Masses), except for baptized children who've died before the age of reason (White) 	<p style="text-align: center;"><i>mourning sorrow</i></p> 
<p>Rose</p> <ul style="list-style-type: none"> · Gaudete Sunday (Third Sunday of Advent) · Laetare Sunday (Fourth Sunday of Lent) 	<p style="text-align: center;"><i>Joy</i></p> 
<p>Gold</p> <ul style="list-style-type: none"> · Gold can replace white, red, or green (but not violet or black) 	<p style="text-align: center;"><i>Joy</i></p> 